

		JAHAN A				
COS	Mon	Tue	Wed	Thu	Fri	Sat
1	2	Pasta w/ veggies, 3	4	5	6	7
	Sunbutter sandwich,	parmesan cheese	Pita chips, hummus,	Turkey, cheese	Yogurt, granola,	
	fruit & milk	& water	carrots & milk	roll-ups & water	raisins & water	
	Graham crackers,	Veggie sticks,	Crackers, fruit,	Chex mix, carrots,	Pretzels, cream	
	applesauce & milk	fruit & water	string cheese & water	ranch & water	cheese, fruit & water	
8	9	Ю	I	12	13	IH
	Quesadillas	Smoothies, crackers		Yogurt, graham	Chicken sticks,	
AM & PM 🔤	fruit & water	& water	fruit & milk	crackers & water	carrots & milk	
	Graham crackers,	Veggie sticks,	Crackers, fruit,	Chex mix, carrots,	Pretzels, cream	
FULL	applesauce & milk	fruit & milk	string cheese & water	ranch & water	cheese, fruit & water	
15	16	Over a splitter in a spring	I8	lo l	Dita china humanus	21
	School	Quesadillas, veggies & water	Turkey, cheese pita & water	Graham Crackers, applesauce & milk	Pita chips, hummus, carrots & milk	
	Closed	Veggie sticks,	Crackers, fruit,	Chex Mix, carrots,	Pretzels, cream	
	Closed	fruit & milk	string cheese & water	ranch & water	cheese, fruit & water	
22	23	24		26	27	28
	Pancakes, fruit	Chicken nuggets,	Yogurt, granola,	Quesadillas,	Cereal, fruit	
	& milk	carrot sticks & milk	fruit & water	fruit & water	& milk	
	Graham crackers,	Veggie sticks,	Crackers, fruit,	Chex mix, carrots,	Pretzels, cream	
	applesauce & milk	fruit & milk	string cheese & water	ranch & water	cheese, fruit & water	600
29	30				1	
	Smoothies, crackers	parmesan cheese				
	& water	<u>& water</u>			VV	
	Graham crackers,	Veggie sticks,	"Do obill or	ad know the	t Tom Cod"	2000
	applesauce & milk	fruit & milk	be still ar	id know the	t I am God."	4
		11	Psalm 46:10			